HIV Testing Fact Sheet

Get the facts about HIV Testing—it’s the only way to know if you have an infection.

Everyone aged 13 to 64 should be tested at least once.

Testing for HIV is the only way to know if you have an HIV infection.

When should you get an HIV test?
You can test for HIV at any time. We advise taking a test if you are not always using condoms or if you are sharing needles and syringes, pregnant or breastfeeding, but everyone aged 13 to 64 should be tested at least once.

How we test for HIV
We will take a blood sample by a finger poke or an oral fluid sample. The time between testing and getting results depends on the type of test. The HIV rapid test results are ready in 30 minutes or less. Blood test results from a finger poke take about one week.

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Call or ask your OneWorld clinician today!

OneWorld Livestock Exchange Campus
4920 South 30th Street Omaha, NE 68107
(402) 734-4110

OneWorld Bellevue
2207 Georgia Avenue, Bellevue, NE 68005
(402) 502-8855

OneWorld Northwest
4229 North 90th Street, Omaha, NE 68134
(402) 401-6000

OneWorld Plattsmouth
(Also known as Cass Family Medicine)
122 South 6th Street, Plattsmouth, NE 68048
(402) 296-2345

Teen & Young Adult Health Center
4310 South 24th Street, Omaha, NE 68107
(402) 502-8880

OneWorld West
4101 South 120th Street, Omaha, NE 68137
(402) 505-3907

School-Based Health Centers:
Bryan High School - (402) 991-3904
Indian Hill Elementary - (402) 933-4968
Liberty Elementary - (402) 505-8180
Spring Lake Elementary - (402) 932-7014

Mexican Consulate Health Window
7444 Farnam Street, Omaha, NE 68114
(402) 595-1844

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I TESTED HIV-NEGATIVE. WHAT DO I DO?

You do not have HIV

- Ask your doctor for advice about staying negative (See “Prevention at OneWorld”).
- Protect yourself during sex.
- Never share needles and syringes.
- Ask for regular HIV and sexually transmitted infection (STI) tests.

What do my test results mean?

NORMAL RESULT:
A normal test result means no HIV antibodies were found in your blood. Normal results are called negative. You may need to repeat the test to be sure that your results are correct. If a repeat test 6 months later is negative, you do not have an HIV infection.

INDETERMINATE RESULT:
If the results are not clear, the results are indeterminate. An indeterminate result may happen before HIV antibodies develop or when another type of antibody interferes with the results. If your result is indeterminate, you will likely be tested again right away.

ABNORMAL RESULT:
An abnormal result means you have HIV antibodies in your blood—the results are positive. The test will be repeated on the same blood sample. If two or more results are positive, we confirm the results with another type of test to avoid giving you false-positive results.

You are not considered HIV-positive until you have a final result on a fourth-generation confirmatory test. These results are provided by our contracted lab service.

What’s next?
Set up an appointment at OneWorld today to receive more information about HIV testing, prevention and treatment. Call us at (402) 734-4110.

Prevention at OneWorld
If you think you are at risk of contracting HIV, talk to your doctor about pre-exposure prophylaxis, or PrEP. PrEP is a pill that, when taken every day, helps people prevent HIV infections by working to keep the virus from establishing a permanent infection after exposure.

Treatment at OneWorld
If your test result is positive, you will receive counseling about what to do next. Your doctor will work with you to make sure you receive the best possible care.

Know your rights
You have the right to:
- Request an HIV test
- Refuse an HIV test if you feel forced into testing
- Test confidentially. Test results should never be shared without your consent.
- Receive quality care